

BBQ Chicken Quesadillas

Why have we not made these before??

- Servings - 1 quesadilla
- Prep time - 5 minutes
- Cook time - 10 minutes

Ingredients

- 2 flour tortillas
- 1/3 cup cooked, shredded chicken
- 1/2 green onion, chopped
- 1/4 cup shredded cheese (cheddar, mexican mix, whatever you have)
- Barbecue sauce

Protocol

1. On a tortilla, layer the ingredients in the following order: half the cheese, chicken, drizzle some BBQ sauce, onions, rest of cheese, and the other tortilla.
2. Spray your pan with some non-stick spray and heat over medium heat.
3. Add your quesadilla to the pan, being careful to not let the insides spill out. Use two spatulas if you have to.
4. Cook for about 3-4 minutes or until the tortilla is brown and crispy (not burnt!). Flip and cook the other side.
5. Using a pizza cutter, slice into quarters and enjoy!