

# Roasted Broccoli

## Vegetables can be yummy! We promise!

- Prep time - 5 minutes
- Cook time - 20 minutes
- Servings - 2

## Ingredients

- 1 head of broccoli (or a bag of broccoli florets)
- Olive oil
- Salt and pepper

## Protocol

1. Preheat your oven to 450F.
2. Cut up your broccoli head into bite size pieces, but make sure they're not too small.
3. On a foil-lined baking sheet, toss the broccoli with a little bit of olive oil, a little salt and pepper, and any other seasonings. We like garlic powder and a teeny bit of dried rosemary.
4. Bake the broccoli for about 15-20 minutes, stirring once sometime in the middle. The broccoli florets should be slightly brown/black on the ends. This is the yummy part!
5. Serve as a side with your main dish and enjoy!